



VOLUME 3, NUMBER 10

www.dugway.army.mil

## INSIDE YOUR DISPATCH

### MILITARY AFFAIRS TOUR



Photo highlights from the recent Veterans and Military Affairs Commission tour.

page 1

### COMMAND PERSPECTIVE



Helpful and proven tips for managing your time from Ryan Harris.

page 1

### NEW DEPUTY



Brian Jost brings a wealth of experience and energy to USAG Dugway.

page 2

### NEW CHAPLAIN



Speaking of energy, meet Chaplain (Major) James Lester.

page 3

### 1Q4A



Halloween is right around the corner. Are you scared yet?

page 4

### CHAPLAIN'S CORNER



Looking outward to others helps combat loneliness.

page 4

### MR. ROBOTO



He was very articulated. The saga of Manny the robotic test mannequin.

page 6

AND MUCH MORE

## UTAH DEPARTMENT OF VETERANS AND MILITARY AFFAIRS COMMISSION TOURS DUGWAY FACILITIES

Members of the Utah Department of Veterans and Military Affairs Commission toured U.S. Army Dugway Proving Ground after holding their monthly meeting at Dugway High School.

The committee provides services to veterans, military members and their families to improve their quality of life, promote events and build partnerships.

Highlights of the tour included capabilities briefings by Dugway Special Programs Division and the BioTesting Division and tours of the Combined Chemical Test Facility (CCTF) and the Rapid Integration and Acceptance Center (RIAC).



## COMMAND PERSPECTIVE

By Ryan W. Harris  
Director, West Desert Test Center

**TEAM DUGWAY!** As we continue to deal with manpower shortages, and increasing demands on our ability to get tasks accomplished, I wanted to take this opportunity to discuss the importance of time management and maximizing the available time we have to support the DPG mission.

**It's always a challenge** to manage the daily onslaught of new tasks, suspenses, unplanned events, additional duties, and yes, of course, our primary duties we were hired to conduct in the first place. **Therefore, it's important** we develop and implement time management practices that help us focus on the most critical tasks in an efficient and productive manner. It also helps reduce stress when we are able to develop a plan of action that prioritizes our work, and allows us to get more done in less time.

According to Wikipedia, time management is the process of planning and exercising conscious control over the

amount of time spent on specific activities, especially to increase effectiveness, efficiency or productivity.

Ok, that sounds nice, but how do we do that? Here are a few ideas that you may find useful.

First, a helpful tool for me is **a simple "To-Do" list that I review each morning** to help me prioritize my efforts for the day. **It's important to review each task and determine which ones are "must-do,"** what tasks can wait, identifying which tasks can be delegated to someone else for action, or finally, which ones can be deleted. Yes, I said deleted. Sometimes we get caught up **in tasks that are not "value-added,"** but are more of something we would like to do. We need to be careful that we are not unnecessarily adding things to our to-do list that prevents us from getting more important tasks completed.

**Second, avoid "multi-tasking."** Studies have shown that trying to multitask introduces inefficiencies and actually

**wastes time.** **It's better** to focus your attention on the most important task at hand, get that task completed, and then move onto the second item on your "to-do" list. Interruptions are unavoidable. When something new comes up, conduct a quick assessment of how much time it will take to address/complete. If you can complete within a couple of minutes, then complete the task and resume work you were previously conducting. If it is going to take longer, put it on your list to action later based on priority of the other tasks you are juggling.

Third, block time on your calendar. **It's important** to schedule and protect time when you need to concentrate on a particular task. I also find it useful to identify and schedule time during the day to work on routine daily tasks (e.g. email).

**And fourth, it's ok to say No.** Sometimes we are asked to participate in a meeting, task or discussion and our



participation may not be imperative or "value-added." **Don't be afraid to clarify your role with the requestor to ensure it's the best use of your time and the organization.**

I believe if we can implement some of these simple time management practices it will benefit us as individuals and as an organization by helping make our efforts more deliberate and focused, which will ultimately improve our quality and support to the warfighter.



# DUGWAY WELCOMES BRIAN JOST, NEW GARRISON DEPUTY MANAGER

**By Bonnie A. Robinson**  
 bonnie.a.robinson.civ@mail.mil

Meet Brian Jost, Dugway's new garrison deputy manager, an energetic, detail-oriented and collaborative self-starter who enjoys finding solutions to complex and challenging issues.

Finding solutions is a critical skill set for a position at U.S. Army Dugway Proving Ground. The garrison office here controls the day-to-day operations of an organization that directs and sustains the annual operating budget, on-post housing units, personnel management, and man-power requirements for the installation.

Jost arrives comfortably prepared to jump right in, having just come from serving as the Installation Management Command Europe Region housing chief. There, he coordinated housing management operations for seven garrisons with an annual operating budget of approximately \$300 million. He was responsible for 12,000 on-post housing units, 3,500 leases and support for military and civilians in 27,000 private rentals.

His assignments through the years have built his professional skills as an engineer and taken him a long way: Fort Sam Houston, Texas; Heidelberg, Germany; Skopje, Macedonia; Fort Leavenworth, Kansas; Fort Lee, Virginia and to Angers, France, where he taught Operations to French officers at the French Engineer School.

It's a skill set to admire: electrical engineering, contracting, construction and market analysis skills. His background in airfield management is a bonus for Dugway's Michael Army Airfield. "Engineering is like a puzzle. It may appear disorganized at first, but all it really takes is a little know-how to put it all together," he shared.

Born in Verdun, France and "a product of the DODD Schools," his fascination with engineering began as a young boy. "I had always wanted to be an engineer. I loved taking things apart," he noted. "Luckily, I didn't get

policies and programs. Now I get to deal directly with Soldiers, Family members, the workforce and the local community," Jost said. "This is a significant and challenging job. We deliver direct services for community

the Directorate of Training and Doctrine Management as a writer and editor. "Johnnie still relishes writing," he said, and "she enjoys quilting."

The Josts have four children, two daughters and twin boys.

One daughter is in Virginia working with the Department of Transportation. The other daughter is in Washington state working at a marketing firm as a "gloried G3 officer" and web writer. He laughs at the gentle teasing.

The twins attend Dugway High School as seniors. They and their father have not wasted time getting to know the area. They have already been 4-wheeling and riding motorcycles on Skull Valley Road and are planning a trip to Timpanogos Cave in Utah County.

Jost said his work goals are interwoven with the mission needs. He notes it is important to keep operations like the community club profitable while addressing manpower issues and creating a wider menu selection.

He is also excited about the Recreational Vehicle Park as a place where temporary contractors, who don't want to commute back and forth every day, can stay for a reasonable cost. "We are also looking at the possibility of a new office park, and hope to broaden our fire protection role for fighting wild fires," he observed.

He expresses his appreciation and optimism for the guidance of both Col. Brant Hoskins, Dugway's commander, and Aaron Goodman, the garrison manager. "Their approach to management is proactive. Problems are just solutions that need to be found," he said. "It's upbeat and focuses on what we actually need to do. I am pleased to be here and part of this team."



Brian Jost is the new deputy garrison manager at U.S. Army Dugway Proving Ground, Utah. Jost's last position was as Installation Management Command Europe Region housing chief headquartered in Wiesbaden, Germany. Jost plans to take a multifaceted approach for the 1,252 square miles of major chemical and biological test and training range and its garrison offices in English Village. Photo by Bonnie A. Robinson, Dugway Proving Ground Public Affairs.

into much trouble with my Mother, since everything I took a part was already broken before I started."

Jost said having lived much of his life overseas, he sees Dugway as a huge adventure. He has already begun exploring the vast ranges of the test center and local sites with his sons.

Jost is excited about the job too. "During my last job, I was directing

life for Soldiers, civilians and contractors and we support critical mission objectives for the test center."

Jost talked affectionately of his wife Johnnie, who is here with him. He recalled they met while both attending Army schools at Fort Leonard Wood, Missouri. He attended the Directorate Combat Development at Fort Leonard Wood, Missouri. She was studying at

**HAPPY BIRTHDAY**

U.S. ARMY  
 INSTALLATION MANAGEMENT COMMAND

**OCTOBER 1, 2002**

15 YEARS  
 OF COMMITMENT AND SERVICE TO  
 SOLDIERS AND ARMY FAMILIES

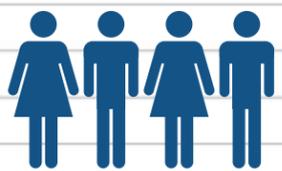
**5TH ANNUAL  
 DUGWAY TRAIL & ULTRA RUN**

**OCTOBER 21, 2017 6 A.M - 4 P.M.**

**FOR MORE EVENT INFORMATION AND REGISTRATION VISIT:**  
<https://dugway.armymwr.com/calendar/event/dugway-trail-ultra-run/1378918>

**Dugway School:  
By the Numbers**  
Based on the 2017-18  
School Year

Written by  
Bonnie Robinson



**15**

LARGEST CLASS  
5TH Grade



**2**

RECESSES



**3**

LUNCH PERIODS



**131**

TOTAL ENROLLMENT

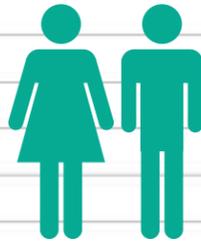
High School students: 65  
Kindergarten thru grade school: 66



**2**

BUS LOADS OF STUDENTS

1-Skull Valley and Lincoln Highway  
2- Terra and Rush Valley



**25**

FACULTY  
Teachers: 14  
Support staff: 10  
Principal: 1



**6**

SPORTS TEAMS

- Boys Basketball
- Girls Basketball
- Boys Baseball
- Girls Volleyball
- Track
- Cross Country



## THE POWER AND COMMITMENT TO SERVICE: MEET CHAPLAIN JAMES LESTER

By **Bonnie A. Robinson**  
bonnie.a.robinson.civ@mail.mil

Army Chaplains are in the business of building people up. It's a mission that Chaplain (Major) James Lester, Dugway's new Chaplain, feels strongly about. He believes that as individuals, congregations, workplaces and communities anchor together they strengthen one another and build a common resiliency.

Lester is, by nature, an optimist. He is excited to meet people, listens easily, observes quietly and is quick to invite sharing. His smile breaks effortlessly and his eyes light up as he talks about his new assignment and the opportunity to serve. "Dugway is very different from where I have served before, but I am truly excited to be here," he said.

Lester has been the Senior Pastor of various military congregations across the Army, bringing his wealth of experience to DPG. He served at Stone Chapel in Korea, the Wave at Fort Shafter, the Edgewood Protestant service, the Gospel Service at Fort Carson and Liberty Chapel Gospel service at Fort Lee. "I knew early in my life that the ministry was what I was truly interested in, perhaps because of my Grandfather Jesse's influence, who had also answered the call to serve," he added.

Lester is a native of Oklahoma, which makes him a huge Sooner fan. He says it's "just in his blood." He attended Evangel College in Springfield, Missouri, where he met and married his wife, Julie, the "love of my life," he

The Chaplain will lead a men's study group on being a Godly Man in the coming months, a start date has not been set at this time.

Lester earned a Masters in Divinity and was appointed a second lieutenant

to serve as an Army Chaplain. It has served me well," he added.

Lester has served as a Battalion Chaplain at Fort Campbell, Camp Casey Korea and Fort Shafter, Hawaii. He was later deployed to Iraq. "My time in Iraq was irreplaceable, it taught me a great deal about the power of commitment and service to this nation," he said.

He later served at Fort Jackson, South Carolina and Aberdeen Proving Ground, Maryland as part of the Army Test and Evaluation Command.

He received his Master's in Counseling Psychology at Texas A&M University and is a licensed Marriage and Family Therapist. He has found this training to be of "upmost value" in his ministry.

The Lester's have three children, two of whom are attending universities in Illinois. One is a freshman at Dugway High School. "We are grateful to be here. Though it's a big change for us, we are pleased to be part of this test center and community," he said. Lester said he will support the youth and plans on cheering at all the Dugway Teams' games.

"It's exciting to be here at a time with a new commander. I appreciate the warm welcome everywhere I go," he said. "I look forward to being part of this community."



Chaplain (Major) James Lester, Dugway's new Chaplain in front of the Dugway Hope Chapel. Photo by Bonnie A. Robinson, Dugway Proving Ground Public Affairs.

confessed, readily expressing his gratitude for her support. He is eager to announce that she will be leading the Women's Ministry Study called the "Armor of God," which began Sep. 13.

in the Air Force Reserves. Spending a day with an Army Chaplain at Fort Carson in 1999 changed the course of his life. "Due to his fine example and encouragement, it cemented my desire

1 QUESTION  
4 ANSWERS



# What's your spookiest Halloween experience?



**Johnny Gallegos**  
Data Reduction Specialist, ATEC

**"Trick-or-treating in an unknown Tooele neighborhood as a little kid, and the 'dummy' of a corpse came to life and scared the hell out of you!"**



**Paul "Rusty" Howell**  
ASAP Program Manager, USAG

**"In Okinawa, Japan we went to a haunted hotel on top of a mountain in the middle of a Halloween night."**



**Stephanie Elkins**  
Budget Officer, USAG

**"I haven't had one, but I love going to 'Haunted Houses' and watching people who get scared in them."**



**Darrell Gray**  
Dugway Public Affairs, ATEC

**"I don't celebrate Halloween. It's against my religion."**

If you have 1 QUESTION that might need 4 ANSWERS, send it to us for consideration at: [usarmy.dpg.atec.mbx.pao@mail.mil](mailto:usarmy.dpg.atec.mbx.pao@mail.mil)

## CHAPLAIN'S CORNER

### Loneliness is Real

Greetings Dugway! I have been at DPG almost three months. I can tell you that this has been an experience, **we've had fires the first week** I was here. A fire on post, and last Thursday snow, I mean Wow! The last day of summer and we get snow! I have to keep reminding myself that we have been here only a short time, but it feels longer. I mean, I miss my friends who I went to lunch with almost every day, and the people I worked with. I know that I can reach out and poke them with Facebook, send them a quick message with the phone and call, but it's not the same. It's cool when you can sit down with a friend have a cup of coffee, break bread together, laugh at silly things, and just resonate with those around you. So what do you do when you're in a place like Dugway and you feel so far from home? It seems that you have no one around you who cares? I can tell you that people here at Dugway care, I see it when I walk down the streets, and when I stop in the different offices I visit.

But loneliness is a real emotion and is a place that is hard to get out of. When **you're lonely you look at yourself** and you notice all your faults. You start to believe that your friends have abandoned you when they don't respond to your instant message you sent them. You see their status as being available on Facebook and yet

they still don't respond when you poke them. That's what loneliness does to us. It causes us to be self-driven and if we stay there it can quickly lead to depression or other risky behaviors. So **what do we do when we're feeling down, alone?** In America were really good at fooling those around us, and we self-medicate. I want to give you a few positive things that may help.

For me, I like to rely upon God, I know I'm a Chaplain and that should be my default answer right? Well yeah it should be, not because I'm a Chaplain, but because I really do believe that God cares for us. I believe that he is interested in our lives, and understands what it means to be lonely. So when I take time and look up and pray it helps me to see things a bit clearer. The second thing I try to do is look outward. By looking outward towards others I am no longer thinking about myself and how awful life is. I can sit with someone who is in a worst place. I can encourage them, and give them a helping hand. Finally, **if you're experiencing loneliness**, I encourage you to tell someone. Were really good at hiding behind a mask, where no one is aware of how we feel. So take off the mask, be real with someone so that they can help. There really are people who care about you.

Hope to see you this week.  
Garrison Chaplain



Greetings community members. A group of our amazing volunteers has completed cleaning up the Swap Shop and we will be ready to reopen on Thursday October 5th. Operating hours will be from 10 a.m. – 1 p.m. each Thursday beginning in October and run through December 15th.

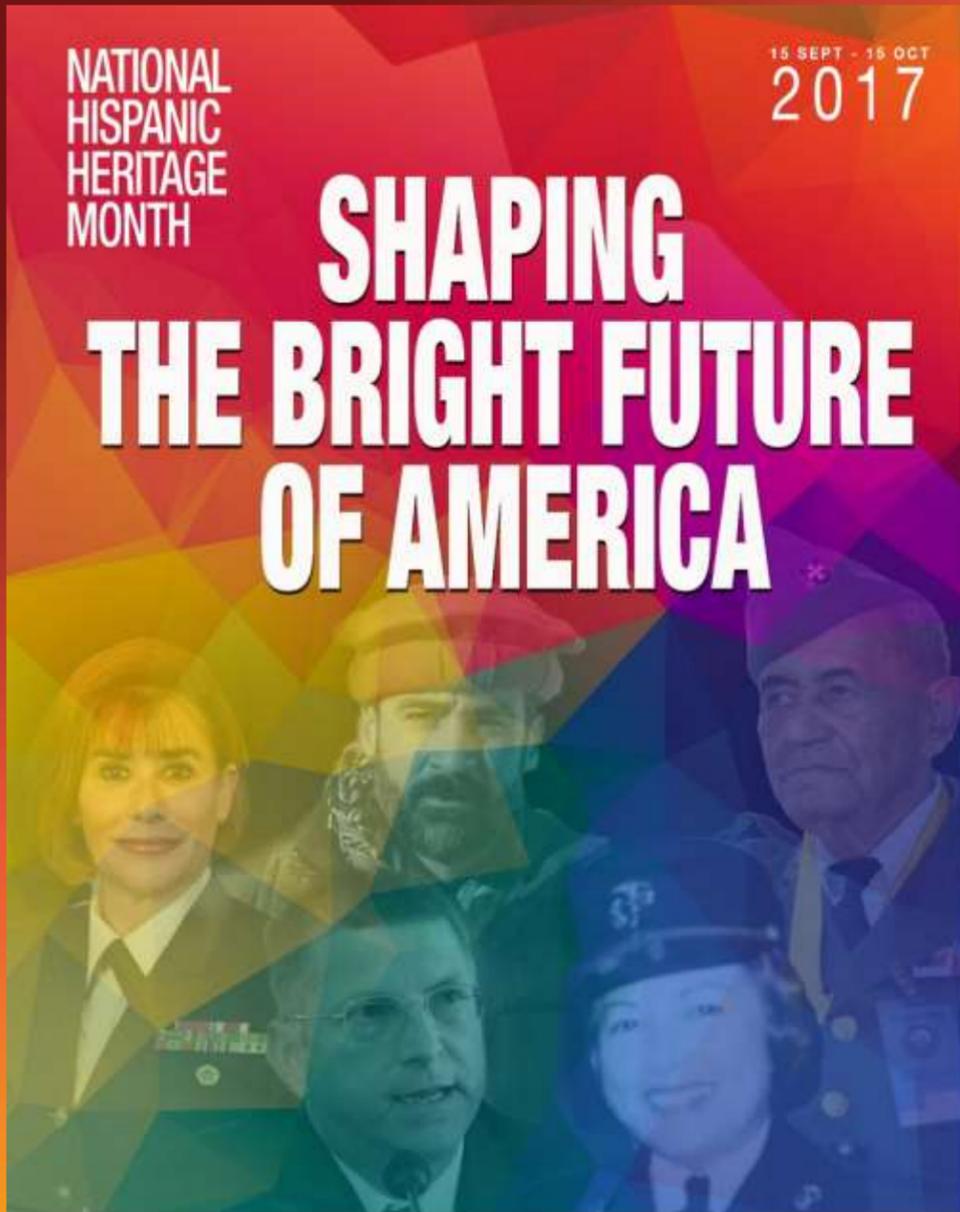
Following this open period, we will evaluate usage and determine if the Swap Shop will remain open in the future or if we will close and look at alternatives to support the community need.

If you plan to use the Swap Shop once it reopens, we will

no longer be accepting electronics of any kind. We do plan to work with DPW and Housing though to provide information on disposal of E-Waste. Also, please do not leave items on the ground outside the Swap Shop or the building.

A huge thank you to all the outstanding volunteers who assisted with the cleanup of the Swap Shop; we all look forward to its use this fall. **shots," Bucci said.**

Aaron Goodman  
Garrison Manager  
USAG Dugway Proving Ground



For more information call x2179

U.S. ARMY DUGWAY PROVING GROUND  
presents

## HISPANIC HERITAGE MONTH OBSERVANCE

Thursday, October 5, 2017  
1530 - 1700  
Dugway Community Club

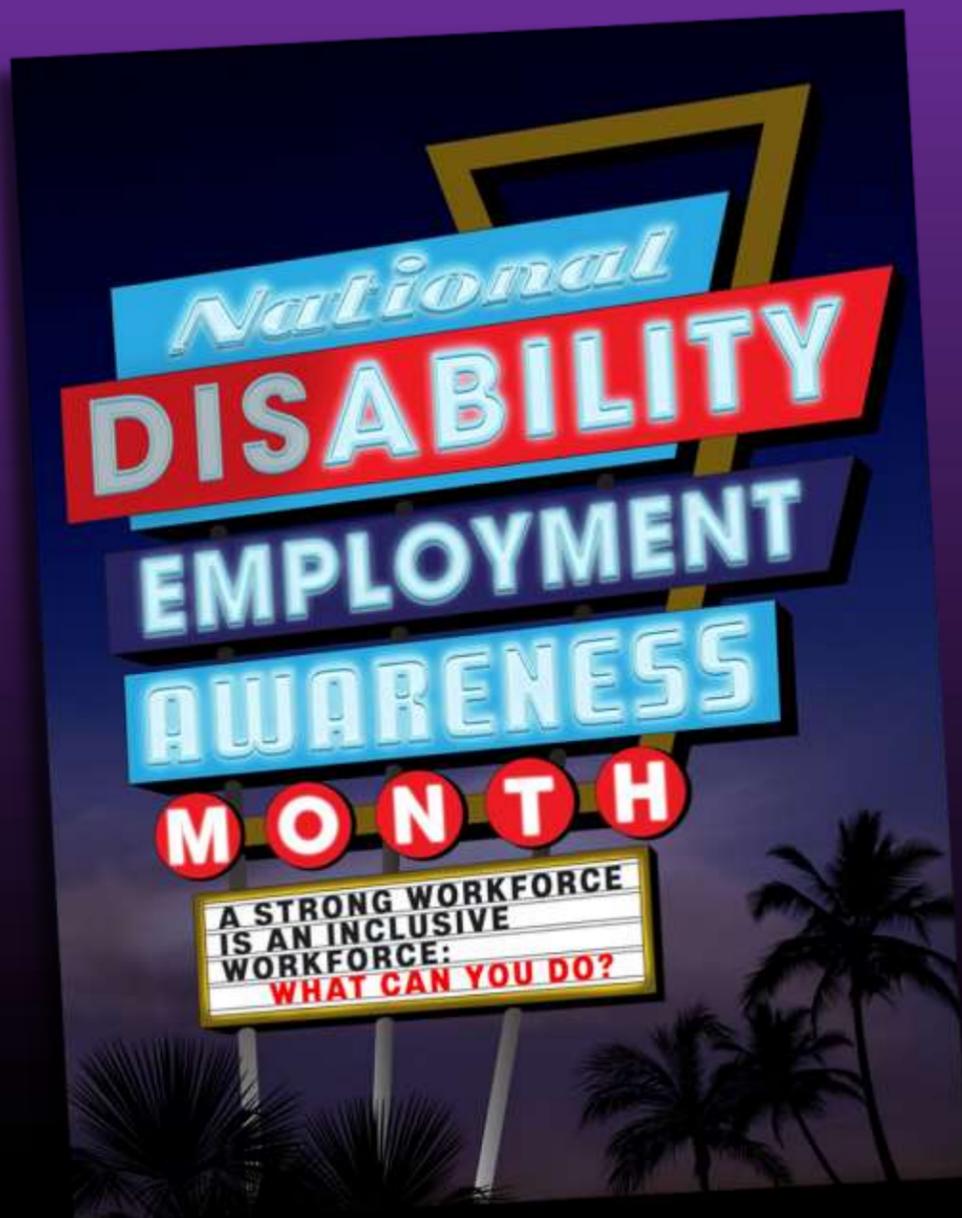
Special Guest Speaker:



Mr. Abraham Hernandez  
Education and Health  
Promotion Coordinator  
Centro Hispano  
Provo, UT

Special Musical Guests:  
Latinos in Action  
Stansbury High School

Plus Food Sampling



U.S. ARMY DUGWAY PROVING GROUND  
presents

## NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH OBSERVANCE

Thursday, October 12, 2017  
1530 - 1700  
Dugway Community Club

Special Guest Speaker:

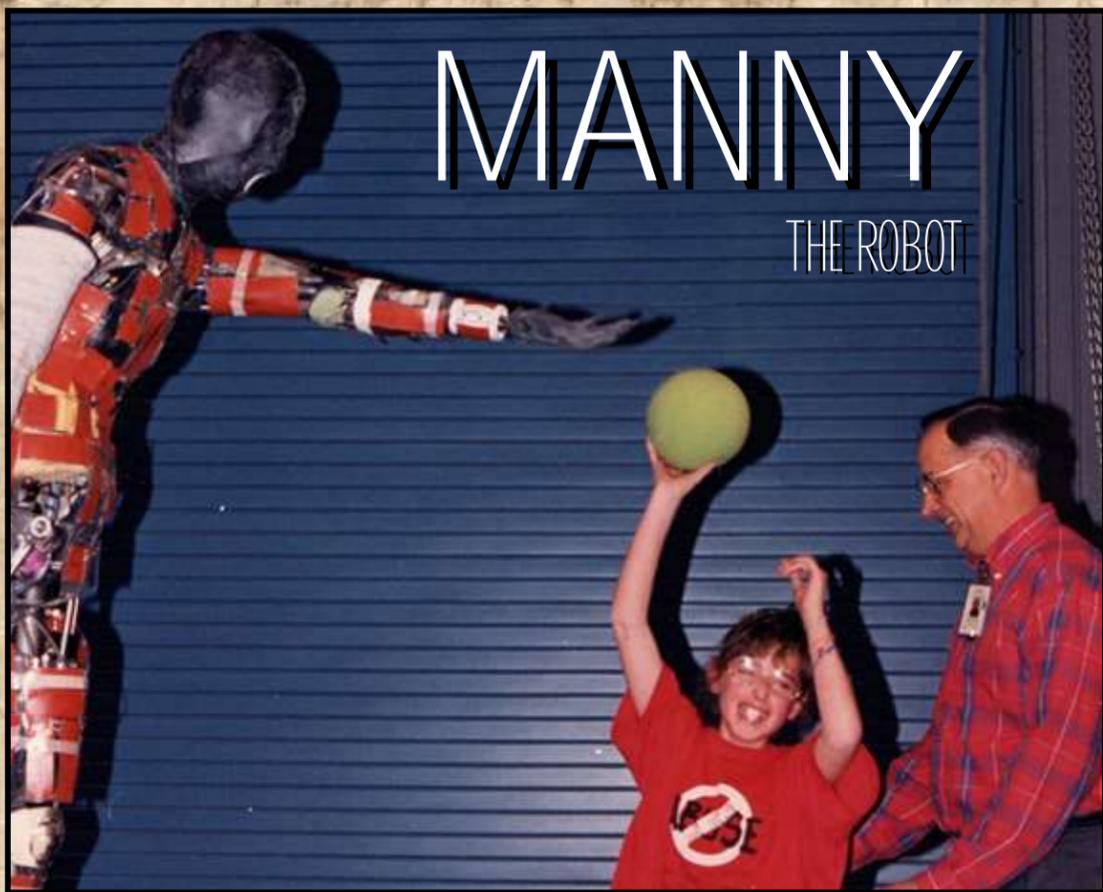


MR. MICHAEL BARRETT  
Outreach & Education Coordinator  
Anti-discrimination and Labor Division  
Utah Labor Commission

For more information call: x3611

# DUGWAY STORIES

WRITTEN BY AL VOGEL



# MANNY

THE ROBOT

## DUGWAY'S MOST POPULAR RESIDENT?

In 1984, Dr. Lothar A. Salomon proposed that Dugway use a robot to test clothing that protects against chemical agent. Salomon, Dugway's scientific director, envisioned a robot that could duplicate complex body movements and poses. Equally important, its chest would expand and

emit moist air while breathing deeply. Its rubbery skin would sweat. Skin and core temperature would rise.

Plans began in late 1985. In 1988, Battelle's Pacific Northwest Laboratories in Richland, Washington was contracted for the Robotic Mannequin Project. In 1989, "Manny" was

installed at Dugway for evaluation. Total cost: \$2.8 million.

Based on typical male dimensions of 5'11" and

Science and Industry, Manny exhibited eerily human moves and kicked foam balls. Time magazine labeled him, "One Tough G.I." To Popular Science he was "Sweaty Manny." In 1992, after reviewing 487 entries, The National Endowment for the Arts presented PNL's designers No. 1 Federal Design Achievement Award. Manny appeared in a national school textbook. Children around the world wrote him; Dugway personnel dutifully wrote replies.

Then, in 1989, the Soviet Union collapsed. The U.S. reduced its defense budget.

monitored. Total cost: \$3.4 million.

By 1995, the Robotic Mannequin Project was canceled. Sources vary on the reason: (1) Manny never functioned as expected. (2) Controls were in Manny's lower back, requiring suits to be cut. Customers opposed having their suits cut. (3) Man In Simulant Testing, with volunteers wearing protective suits in a large, simulant-filled chamber, was more realistic. (4) The project's complexity made it problem-prone.

Today, more than 20 years after Manny's plug was pulled, a definitive



"Manny" of the Robotic Mannequin Project at 1980s Dugway Proving Ground, Utah, kicks a foam ball. Manny was created to mimic human movements and physiology while testing such suits. The robotic system earned much notice from the public and media, but the program was canceled in 1995. U.S. Army Photo



"Manny" hovers above the ground in the 1980s, thanks to the articulated arm in his back. Workers wear samples of protective suits he would test in a chamber. Installed in 1988 at Dugway Proving Ground, Utah, the robot was apparently unsuccessful: the program ended in 1995. U.S. Army Photo

165 pounds, Manny had 42 degrees of freedom. To allow body movements, an articulated metal arm fit into Manny's back and held him aloft. He also gave his status in a clipped, robotic voice.

Manny soon garnered local and national attention. For six weeks, before amazed audiences at the Chicago Museum of

Still in evaluation, Manny was shelved while related chemical defense projects were funded. In 1991 the Persian Gulf War began, and Iraq's earlier use of chemical weapons resurrected Manny's budget. A sealed chamber was built to house Manny, where chemical agent concentration, temperature and humidity could be

answer remains fleeting. Yet, one thing is certain: no Dugway testing fixture since has garnered such favorable notice. The delight and wonder Manny brought to tens of thousands has faded, but the memory of a metallic man foot kicking a foam ball still brings a very human smile.

# COMMUNITY CALENDAR

## October 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 Newcomers Orientation 1330 - 1700 Bldg. 5124 - Rm 239  Hispanic Heritage Month Observance 1530 - 1630 Community Club	6  Wendover Day Trip 1500 - 0100	7
8	9 <b>Columbus Day</b>	10  Garrison Staff Meeting - 0800 - Rm 1202	11  Command Staff Meeting - 0830 - Kuddes	12  National Disability Employment Awareness Month Observance 1530 - 1630 Community Club	13	14
15	16	17	18  West Desert Staff Meeting - 0800 Ditto  Executive Steering Committee - 0900 Ditto	19	20	21  5th Annual Dugway Trail and Ultra Run 0600 - 1600 5 Mile Hill
22	23	24  Garrison Staff Meeting - 0800 - Rm 1202	25  USAG Quarterly Town Hall - 1530 - Community Club	26  Red Cross Blood Drive 1000 - 1500 Shocklee FC Parking Lot	27	28  Movie Premier Night 1430 - 2000 Sportsman's Lodge
29	30	31				

# THE DISPATCH

Published bi-monthly by the Public Affairs Office, Dugway Proving Ground. While contributions are solicited and welcomed, Dugway PAO reserves the right to edit all submitted materials and make corrections, changes or deletions to conform with the policies of this publication.

News, information or comment may be submitted to:

The Editor, Dispatch, Dugway Proving Ground  
 TEDT-DP-PAMS#2  
 5450 Doolittle Ave.  
 Dugway, UT 84022-5022  
 Phone: (435) 831-3409 DSN 789-3409  
 Email to: usarmy.dpg.atec.mbx.pao@mail.mil



Commander: COL Brant D. Hoskins  
 Chief, PAO/Editor: Robert D. Saxon  
 Public Affairs Specialist: Al Vogel  
 Public Affairs Specialist: Bonnie Robinson  
 Layout & Graphics: Robert Rampton  
 Video & Web: Darrell Gray

**EMPOWERING THE NATION'S DEFENDERS**

www.dugway.army.mil  
 www.facebook.com/usarmydpg  
 www.facebook.com/DPG.GarrisonOfficial  
 www.youtube.com/channel/UCPjFIEBY7j7ay6m7FouadqQ

The Dugway Public Affairs Office does NOT share The Dispatch email list with any other internal or external organizations. Non-Dugway employees and organizations may unsubscribe from The Dispatch by sending an email to: usarmy.dpg.atec.mbx.pao@mail.mil with a request to be removed from the mailing list.



Currently playing on  
 the Dugway  
 YouTube Channel

- **JCAD/STRYKER On The Move**
- **ATEC Town Hall**
- **USAG Town Hall**
- **Commander's Cup Competition**

www.youtube.com/channel/UCPjFIEBY7j7ay6m7FouadqQ

**Please share The Dispatch with family, friends, acquaintances or anyone who might be interested in news and happenings at Dugway Proving Ground.**

Received The Dispatch from a friend and want to be on our mailing list?

Send an email to:  
 usarmy.dpg.atec.mbx.pao@mail.mil and request to be added to our monthly Dispatch list.

The Dugway Public Affairs Office does NOT share the Dispatch email list with any other internal or external organizations.